

Fennel salad with cherry kernel oil

Ingredients required for 4 persons

Preparation time 20 minutes

Difficulty easy

Ingredients

- 2 fennel bulb
- 2 apples
- 150 g rocket salad
- 30 g walnut kernels
- 4 EL cherry kernel oil
- 2 EL morello cherry vinegar
- 1 TL agave syrup
- salt and pepper



Preparation

Wash and clean the fennel and cut into thin slices. Cut off the fennel greens, chop finely and set aside. Wash the apples, remove the seeds and cut into thin slices. Wash and drain the rocket salad. Mix the fennel, rocket salad and apple together. Mix the cherry kernel oil with the morello cherry vinegar and agave syrup. Add a little salt and pepper. Roughly chop the walnuts, roast in a pan without oil and leave to cool. Mix everything together and serve the salad.