

Blueberry muffins

Ingredients required for 6 persons

Preparation time 40 minutes

Difficulty easy

Ingredients

150 g spelt flour
50 g almond flour
120 ml almond oil
1 TL vanilla almond spice oil
1 TL baking powder
2 eggs
150 g cane sugar
150 g yogurt
100 g fresh blueberries



Preparation

Preheat oven to 180 °C top / bottom heat. Mix spelt and almond flour with sugar and baking powder in a large bowl. Take a second bowl and mix almond oil, vanilla almond spice oil, eggs and yogurt. Add to the dry ingredients. Fold in 80 g blueberries. Pour the dough in greased muffin pan. Garnish with the remaining blueberries and bake for 25 to 30 minutes.