

Basic dressing recipe

Ingredients required for 2 persons

Preparation time 5 minutes

Difficulty easy

Ingredients

- 125 ml yogurt, butter milk, crème fraîche or vegan alternatives
- 1 TL raw cane sugar, honey or maple syrup
- 2 EL canola seed oil
- 2 EL or sunflower seed oil
- 2 EL or olive oil
- 2 TL herby salad oil
- 2 TL or safflower oil
- 1 EL white wine vinegar
- parsley and/or chives, chopped
- salt and pepper



Preparation

Whisk the dairy product and vegetable oil of your choice. If the dressing is too thick, thin with water. Sweeten with raw cane sugar, honey or maple syrup and season to taste with salt and pepper. Add around 1 teaspoon herby salad oil - adjust the amount according to taste. Stir in freshly chopped herbs. Refine with a squirt of lemon juice if desired.